

Beginners 2

14 February 2005

Week 1 Shines: 4 Tap V  
 Review:  
 Technique: Copa  
 Combination 1: CBL, RR W1R, LL/RR Copa  
 CBL, RR W1R, Copa (LH out)  
 CBL, RR W1R, Copa (Waist Tap out)

Week 2 Shines:  
 Review: 4 Tap V, Combination 1  
 Technique:  
 Combination 2: CBL, RL W1R, Copa, M1/2RT, Whip

Week 3 Shines: Suzie Q Plus  
 Review: Combination 2  
 Technique: Double Right Spin (W2R), CBL M Left Spin on 6/7  
 Combination 3: CBL M1L (on 6/7), CBL, RR W2R, LL/RR Copa

Week 4 Shines:  
 Review: Suzie Q Plus, Combination 3  
 Technique: W2R Touch and Go (T&G), M Hook turn  
 Combination 4: CBL, RR/LL W2R T&G, LL/RR Copa, M1/2RT, RL Whip, M Hook on 6/7

Week 5 Shines: Reverse Cross Over Suzie Q  
 Review: W2R Touch and Go (T&G), Combination 4  
 Technique: CBL with M Pivot  
 Combination 5: CBL, RR/LL W2R T&G, LL/RR Copa, LL IT with M Pivot

Week 6 Shines:  
 Review: Reverse Cross Over Suzie Q, Combination 5  
 Technique: Exchange of Places  
 Combination 6: CBL, RR/LL W2R T&G, Exchange of places, MH at shoulder level, CBL M L Pivot, Hair Comb, CBL

Week 7 Shines: Half Flair  
 Review: Exchange of places, Combination 6  
 Technique:  
 Combination 7: CBL, RR W2R, Exchange of Places, M Hook Turn, W Hair Comb, LL IT, M L Spin 6/7

Week 8 Shines:  
 Review: Half Flair, Combination 7  
 Technique:  
 Combination 8: CBL, RR/LL W2R T&G, Exchange of Places MLH Low MRH High, MLH High MRH on W R shoulder, OT, MRT, LL IT.

Week 9 Shines: Cha Cha Cha  
 Review: Combination 8  
 Technique: Basket Turn  
 Combination 9: Basket Turn Variations

Week 10 Shines:  
 Review: Cha Cha Cha, Combination 9, Basket Turn  
 Technique:  
 Combination 10: CBL, RR W2R, Basket Turn, M catches W on both arms, Jazz Flair on 1, Cross over 3/5, Free IT

Week 11 Shines: Full Flair  
 Review: Combination 10  
 Technique:  
 Combination 11: CBL, RR/LL W2R T&G, Basket Turn, Jazz Flair on 1, W OT T&G, LL/RR Copa, Hair Comb, CBL

Week 12 Shines:  
 Review: Full Flair, Combination 11  
 Technique:  
 Combination 12: CBL, RR/LL, W2R T&G, Exchange of places, MLH at L Shoulder MRH at waist, CBL with M Pivot, LL/RR Copa

Week 13 Shines: Syncopated Double Front Cross  
 Review: Combination 12  
 Technique:  
 Combination 13: CBL, RR W2R, Exchange of Places, M Hook, M RT, M Throws WRH over W Head LL check into LT with M L Spin.

Week 14 Shines:  
 Review: Syncopated Double Front Cross, Combination 12, Combination 13